

Brazilian Medical Society for Shock Wave Treatment

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It is with great honor and responsibility that I write for the “Journal of Regenerative Science” in an issue dedicated to Brazil, highlighting the importance of the Brazilian Medical Society for Shock Wave Treatment (SMBTOC). The invitation from the editor-in-chief, Dr. Daniel Moya, is recognition of our continuous efforts in promoting health and innovation. Furthermore, I feel grateful and honored by the eminent responsibility.

Since our founding on March 08, 2001, SMBTOC has been a driving force in the field of shock waves in Brazil. It was born from a group of orthopedic enthusiasts in São Paulo. It soon expanded its horizons to encompass various medical specialties, such as physiatry, pain clinic, anesthesia, rheumatology, radiology, acupuncture, among others.

The growing popularity of shock wave treatment, based on strong scientific evidence and proven efficacy, highlights the importance of performing it under the supervision of well-trained and qualified physicians. This focus maintains the integrity and efficiency of the method, distancing us from the risks associated with less successful practices.

In 2018, we reformulated our name to the SMBTOC, reflecting the breadth and diversity of our commitment. Our impact is strengthened through social media, digital platforms and educational programs, which have already trained more than 1,000 doctors, a true demonstration of our commitment to professional excellence and

innovation.

In the international arena, SMBTOC has solidified its leadership by actively participating in the founding of the International Federation for Shock Wave Treatment in March 2023, in Cosenza, Italy. This international collaboration fosters ethics, research and education in the therapeutic use of shock waves, both focal and radial.

We are immersed in a dynamic and constantly evolving world; SMBTOC’s commitment is to translate scientific evidence into efficient clinical practices through various educational events. This continuous effort is vital to improve the quality of health and, consequently, the quality of life of patients.

Finally, adhering to the spirit of service, I recognize that our mission is built on rigorous ethics, continuous learning, and the vision of altruistic associativism. Cognitive humility guides us in understanding that there is always room for growth and innovation.

Let us continue, SMBTOC, as a legacy of many who preceded us and who now works to foster a future full of significant contributions to medicine and global health.

With everyone’s effort, our society has consolidated itself as one of the largest and most important in the world in the study of shock waves, and we will continue to grow and modernization.

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